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	Autumn Term	Spring Term	Summer Term
Year 7	Rugby (Boys) Cross Country Netball (Girls) Hockey (Girls) Basketball (Boys) Gymnastics Fitness	Football Badminton Basketball (Girls) Dance Fitness Table Tennis	Athletics Rounders Cricket Tennis Softball Fitness
Year 8	Rugby Cross Country Hockey Basketball (Boys) Gymnastics Fitness Netball	Football Badminton Basketball (Girls) Dance Fitness Table Tennis	Athletics Rounders Cricket Tennis Softball Fitness
Year 9	Rugby Cross Country Hockey Basketball (Boys) Gymnastics Netball	Football Badminton Basketball (Girls) Dance Table Tennis	Athletics Rounders Striking Fielding Cricket Tennis Softball
Year 10	Rugby Netball Volleyball Fitness	Badminton Football Basketball Fitness	Athletics Rounders Tennis Softball
Year 11	Rugby Netball Volleyball Fitness	Badminton Football Basketball Fitness	Athletics Rounders Tennis Softball