

# FOOD AND NUTRITION KS4

	Autumn Term	Spring Term	Summer Term
<b>Year 10</b>	<p><b>Principles of Nutrition</b></p> <ul style="list-style-type: none"> <li>• Diet and good health</li> </ul> <p><b>Food Spoilage</b></p> <ul style="list-style-type: none"> <li>• Food poisoning</li> <li>• Growth conditions</li> <li>• Cross contamination</li> </ul> <p><b>Technological Developments</b></p> <ul style="list-style-type: none"> <li>• Population</li> <li>• Travel and Tourism</li> <li>• Media</li> </ul>	<ul style="list-style-type: none"> <li>• Scientific advancements</li> <li>• Consumer demand</li> <li>• Media</li> <li>• Environment</li> </ul> <p><b>Factors Affecting Food Choice</b></p> <ul style="list-style-type: none"> <li>• Availability</li> <li>• Choice</li> <li>• Religion</li> <li>• Sensory qualities</li> <li>• Medical conditions</li> </ul>	<p><b>Commodities</b></p> <p><b>Storage, types, cooking methods</b></p> <ul style="list-style-type: none"> <li>• Cereals</li> <li>• Fruit and Veg</li> <li>• Milk, cheese &amp; yogurt</li> <li>• Meat, poultry, fish and eggs</li> <li>• Beans, Nuts/Seeds – <b>NEA 2</b></li> <li>• Butter, Oil, Margarine</li> </ul> <p><i><b>Food science identified within each practical</b></i></p>
<b>Year 11</b>	<ul style="list-style-type: none"> <li>• Food Science Terms - Rev</li> <li>• <b>NEA 1 - 15%</b></li> <li>• Revision for mock</li> <li>• Mock Paper</li> <li>• <b>NEA 2 - 35%</b></li> </ul>	<ul style="list-style-type: none"> <li>• NEA 2 Continued</li> <li>• NEA 2</li> </ul> <p><b>Revision from March</b></p> <ul style="list-style-type: none"> <li>• Revision – Nutrition</li> <li>• Revision - Science</li> </ul>	<ul style="list-style-type: none"> <li>• Revision – Provenance /Cultures</li> <li>• Revision – Spoilage</li> <li>• Revision – Technological</li> <li>• Revision - Food choice</li> <li>• <b>GCSE Paper - 50%</b></li> </ul>